MaineHealth®

MaineHealth Medical Clearance Protocol:
Acute Psychiatric Patient in the E.D.
Presenting for IP Admission

New Onset Psychiatric Signs and Symptoms. No history of relevant Psychiatric Diagnosis

Medical evaluation* (ED/PCP)

For all:
-CBC
-CMP
-UA
-Urine drug screen
-Breathalyzer or BAL
-Pregnancy Test for appropriate females

For Pt > 50 y/o, consider:
-EKG
-CXR
-Head CT

Disposition

Intoxicated/ Confused** w/ Psychiatric Hx.

Medical evaluation (ED/PCP)

For all:
-Urine drug screen
-Breathalyzer or BAL
-Pregnancy Test for appropriate females

Consider:
-CMP
-LFT
-Finger Stick 1-touch Glucose
-CBC

For Pt > 50 y/o, consider:
-EKG
-CXR
-Head CT

-Other tests as indicated by history & exam

Disposition

Patient w/ Known Psychiatric Diagnosis C/W Symptoms

Coincident Medical Problems?

Yes

Medical evaluation (ED, PCP)

With any suspicion of drugs/alcohol:
-Urine drug screen
-Breathalyzer or BAL

With evaluations indicated by medical problems

Disposition

No

Option for Direct Admission to psychiatric facility/ unit

Disposition

* Emphasis on evaluation of sensorium including LOC and short term memory
**Evaluation for Delirium is an important part of medical evaluation